



## ***Week One Homework***

What are your first thoughts in the morning?

\_\_\_\_\_

What keeps you up at night?

\_\_\_\_\_

What do you talk about the most?

\_\_\_\_\_

How much time do you spend on things?

*List what you believe are your priorities. Track the number of hours you spent this week on each priority.*

	PRIORITY	TIME THIS WEEK
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____

### **Devotional Reflection**

How much time you devote to a particular thing reveals how much of a priority it has in your life. You cannot say that a thing is a priority and not give it attention.

*What has the message and homework for this week revealed to you about yourself and your priorities?*

As we begin THRIVE, where would you rate yourself on this scale?

*Circle your number below.*

